

MARCH 12, 2011



1984 Florida A&M University 4x400 ALL-American Relay Team

Mary Jones

Vogel Denise Newsome

Pamela Porter

Pamela Oliver

Coach Bobby Lang
AFFECTIONATELY known as **“POP”**
By Vogel Denise Newsome





1983 Outlook The Youngsters Take a Big Step

Florida A&M's Rattlerette track team takes a gigantic step forward this season as they move from Division II to Division I. It is a move that will certainly challenge what will undoubtedly be the Rattlerettes strongest team to date. And while no one really expects FAMU to grab another fifth place national finish, the Rattlerettes have the talent to be competitive at the Division I level.

A year older, a year stronger and a year wiser. What was a very young track team last year is still very young. But it is a very experienced group of youngsters. Underclassmen will once again be the backbone around which the 1983 team will be built.

FAMU has quickly gained a reputation for having an abundance of quality quarter-milers. New head coach Ellis Liddell returns six quality 400 meter people. Heading the list is sophomore Mary Jones. The Bluffton, South Carolina native had an outstanding freshman year setting school records in the 200 (23.9) and 400 (53.9) and anchoring the Rattlerette record setting 1600 meter relay team. In addition, Liddell has back Pamela Porter (55.6), Jackie Collier (54.9) and Arlene Washington (56.5).

Talented transfer Vogal Newsome has run a 53.4 open quarter and has a 20"5" best in the long jump. Newsome came to FAMU from Mississippi Valley State College.

Last year there was not a true sprinter to be found in a Rattlerette uniform. Atlanta freshman Wylene Jackson looks to be the answer in the sprints. Tallahassee native Jackie Collier is also looking promising in the shorter sprint distances.

Three years ago Melinda Prescott was one of the promising young 800 meter runners in the country. Her 2:13.80 clocking set a school record and big things seemed to be in store for the Savannah, Ga., native. Now a senior, Prescott has not really fulfilled that promise the past two seasons, but coaches feel this may well be the year Prescott lives up to her potential. Joining Prescott in the 800 and 1500 meters will be freshman Agotha Soleyn a native of Barbados. Soleyn had an outstanding cross country campaign and big things are expected from her this year.

Senior Pat McGugan returns in the 400 meter intermediate hurdles. McGugan has shown steady improvement every year and ran her personal best of 62.0 at the Division II National Championships last year. Sophomore Myrtis Robins will team with McGugan to give the Rattlerettes solid depth in the 400m IMs. Youngsters will handle the 100 meter hurdles for FAMU. Tallahassee natives Melody Barnes and Lydia Hall are both talented athletes and should do a solid job with some experience.

Steady Michelle Frazier and JoAnn Williams head the field events. Both competed at nationals last year and after steady improvement throughout their careers should enjoy their best seasons this campaign. Brenda Smith and Rhonda Griffin will also see action in the shot put and discus.

Traditionally, Florida A&M has not taken a back seat to anyone in the relays. The Rattlerettes set a Division II national championship record in the 1600 meter relay last year and everyone returns. A good guess is that the addition of Vogal Newsome to the already swift team will enable the Rattlerettes to shatter the existing school record and crack the top ten times in the country.

It should be a very exciting season for Liddell and the Rattlerettes. "I'm really excited about the prospects for the season. I think we can be very good, if we work," says Liddell. Look for the Rattlerettes to handle that big step with very little trouble.



1982-83 Florida A&M Rattlerette Track Roster

Melody Barnes	Freshman	Hurdles	Tallahassee, Florida
Jackie Collier	Sophomore	Sprints	Tallahassee, Florida
Deborah Davis	Junior	Middle Distances	Sanford, Florida
Michelle Frazier	Senior	Field Events	Meritt Island, Florida
Tennis Grant	Freshman	Middle Distances	Freeport, Grand Bahamas
Lydia Hall	Freshman	Hurdles	Tallahassee, Florida
Wanda Higgins	Senior	Middle Distances	Newark, New Jersey
Wylene Jackson	Freshman	Sprints	Atlanta, Georgia
Mary Jones	Sophomore	200 & 400	Bluffton, South Carolina
Elouise Lightfoot	Freshman	Mile	Nassau, Grand Bahamas
Patrice McGugan	Senior	400m Hurdles	Newark, New Jersey
Vogal Newsome	Junior	400m & Long Jump	Utica, Mississippi
Pamela Porter	Junior	400m	Orlando, Florida
Melinda Prescott	Senior	800 & 1,500	Savannah, Georgia
Myrtis Robins	Sophomore	400m Hurdles	New Orleans, Louisiana
Brenda Smith	Freshman	Field Events	Quincy, Florida
Agotha Soleyn	Freshman	800 & 1,500	Barbados
Chantini Taylor	Junior	800 & 1,500	Buffalo, New York
Arlene Washington	Sophomore	400 & 800	New Orleans, Louisiana
JoAnn Williams	Senior	Field Events	Altamonte Springs, Florida





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1984 NATIONAL COLLEGIATE
MEN'S AND WOMEN'S OUTDOOR TRACK CHAMPIONSHIPS

*University of Oregon
Eugene, Oregon
May 28 - June 2, 1984*

Vogel, Denise Newsome

Participant

Florida A&M University

College





Mary Jones

Pamela Porter

Vogel Denise Newsome

Pamela Oliver

Coach Darlene Moore

Coach Bobby Lang

2011 FLORIDA A&M UNIVERSITY RELAYS



M-R, Utica CAC Champs

By PALMER MANNING
 MADISON — The Madison-Ridgeland boys and Utica girls won championships in the Capital Athletic Conference Junior High Meet held here as part of the high school meet last week.

Rebels Sign JC AA John Billips

OXFORD — John Billips, junior college All-American from Chipola Junior College in Marianna, Fla., has become Ole Miss' fourth basketball signee for the 1975-76 season.

The announcement of the signing of Billips, a 6-4½ guard-forward, was made Tuesday by Rebel head basketball coach Robert "Cob" Jarvis.

The third leading scorer in the history of Chipola basketball, the high-leaping Billips averaged 23 points with 11 rebounds a contest. An All-Conference and All-Regional selection, he recently played for the East squad in the All-American Junior College game in San Antonio, Tex.

During the 1974-75 season, Billips connected on 56 per cent of his field goal attempts and hit 83 per cent from the free throw line.

He paced the 1974 Chipola team, a 29-5 unit, to the national junior college finals

coached at Chipola by Milton Johnson.

"John has outstanding ability and should emerge as a fine player in the Southeastern Conference," said Rebel assistant coach Bill Bolton who signed the newest Rebel cager. "We are delighted that he has chosen Ole Miss to continue his education and his basketball."

Previously signed were 6-1 guard Henry Jackson of South Leake at Walnut Grove, 6-9 center Jeff Klein of Fort Lauderdale, Fla. and 6-7 forward Ronnie Davis of Pompano Beach, Fla.

HEIDELBERG NEEDS GAMES

HEIDELBERG — Heidelberg high school has four open dates to fill on its 1975 football schedule.

Coach W. C. Jones announced that the Oilers need games on Sept. 18th

Johnny Courtney of Madison-Ridgeland was a triple winner in the long jump, high jump, and low hurdles while Reggie Mallett of Utica was a double winner in the boys division in the 100 and 220 yard dashes.

The only double winner in the girls division was Shirley Callahan of Utica in the 50 and 100 yard dashes.

Mallett set a new 220 yard dash record and tied the 100 yard dash mark. Madison-Ridgeland also had new boys division records in the 440 and 880 yard relays.

New girls division records were set by Miss Callahan in

the 50 and 100 yard dashes, Vogel Newsome of Utica in the 75 yard dash, the Madison-Ridgeland 440 yard relay team, Utica's 200 and 300 yard relay teams, and Mary Lewis of Madison-Ridgeland in the baseball throw.

BOYS TEAM TOTALS
 Madison-Ridgeland 62, Utica 42, MSD 33, Byram 23, Palahatchie 12, Puckett 21, Terry 9, Raymond 5.

GIRLS TEAM TOTALS
 Utica 43, Madison-Ridgeland 41, MSD 23, Palahatchie 21, Byram 8, Puckett 5, Raymond 2, Terry 1.

BOY WINNERS
 Mallett, Utica, 220 yard dash (24.0, new record); Catchings, Madison-Ridgeland, 440 yard dash (59.4); Mallett, Utica, 100 yard dash (19.8, ties record); Schuller, Utica, 880 yard run (2:25.6); Madison-Ridgeland, mile relay (4:05.5); Madison-Ridgeland, 880 yard relay (1:40.5, new record); Madison-Ridgeland, 440 yard relay (47.6, new record); Caldwell, Utica, discus (113-0); Thompson, Terry, shot put (40-5½); Courtney, Madison-Ridgeland, (46-6½); Courtney, Madison-Ridgeland, high jump (5-0); McDonald, Madison-Ridgeland, pole vault (8-0); Courtney, Madison-Ridgeland, low hurdles (17-7½).

GIRL WINNERS
 Callahan, Utica, 100 yard dash (12.0, new record); Callahan, Utica, 50 yard dash (6.3, new record); Newsome, Utica, 75 yard dash (9.1, new record); Madison-Ridgeland, 440 yard relay (54.2, new record); Utica, 200 yard relay (24.6, new record); Utica, 300 yard relay (36.9, new record); Lewis, Madison-Ridgeland, baseball throw (205-1, new record); Powell, Madison-Ridgeland, long jump (16-4); Cotten, Madison-Ridgeland, high jump (4-4).



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RESULTS - 1ST NAIA NATIONAL TRACK & FIELD CHAMPIONSHIPS - 1981

WOMEN'S DIVISION

1981 NAIA National Track & Field Championship Results - Page 5

Freshman Year

WOMEN'S DIVISION

<u>100 METERS (:12.0)</u>	<u>200 METERS (Cont'd)</u>
Esther Hope, Jackson State MS :11.36	Judi Wynn, Texas Southern :24.32
Shelia LaBone, Prairie View TX :11.37	Thomasina Bush, Hampton Inst. VA :24.90
Linda Weekly, Texas Southern :11.40	Mary Gardin, St. Augustine's NC :24.92
Cora Shermom, Texas Southern :11.45	
Wanda Nicholson, Southern U.-BR LA :11.50	<u>400 METERS (:59.0)</u>
Angela Doyle, Southern U.-BR LA :11.67	Easter Gabriel, Prairie View TX :53.93
Cassandra Graham, Prairie View TX :11.69	Marcella Elliot, Southern U.-BR LA :54.13
Donna Lazard, Texas Southern :11.70	Loretta Edwards, Prairie View TX :54.34
Judi Wynn, Texas Southern :11.71	Maryann Higgs, Prairie View TX :54.46
Carol Turner, Mississippi Valley St.:11.93	Evette Jones, Hampton Inst. VA :54.82
Antionette Gilbert, St. Augustin's :11.82	Earnestine Hanna, Texas Southern :54.90
Deidra Jackson, Prairie View TX :11.88	Joyce Townsen, Texas Southern :55.10
Carol Williams, Mississippi Valley :11.89	Vogel Newsome, Mississippi Valley St.:55.42
Rhonda Adams, Prairie View TX :11.96	Jeonice Gunnace, Texas Southern :55.67
Rondollyn Givens, Hampton Inst. VA :11.02y	Delvis Burroughs, Prairie View TX :55.88
Donna Wilson, Prairie View TX :12.08	Rochella Nelson, Prairie View TX :55.92
Cynthia Johnson, Wiley TX :12.09	Carlita Smith, East Texas State :56.06
Denise Daye, St. Augustine's NC :12.12	Melinda McDougnal, Jackson State MS :56.19
Lori Risenhoover, Adams State CO :12.12	Yvette Joseph, Jackson State MS :56.32

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<u>1600 METER RELAY (3:59.1)</u>		
Prairie View TX	3:36.55	Cynthia Gilbert, Berry GA 5-10
Texas Southern	3:39.90	Zsa Zsa Pratt, Edward Waters FL 5-8
Southern U.-Baton Rouge LA	3:44.79	Ivette Peterson, Hampton Inst. VA 5-7
Mississippi Valley State	3:47.85	Roberta Harper, Texas Southern 5-7
Jackson State MS	3:48.12	Andronike Greene, Jackson State MS 5-7
Hampton Institute VA	3:52.70	Vivian Garner, Jackson State MS 5-6
Adams State CO	3:56.64	Flo Renner, Tarkio MO 5-6
Midland Lutheran NE	3:58.70	Debra Madison, Wiley TX 5-6
St. Augustine's NC	3:58.80	Judy Becker, Emporia State KS 5-6
		Lynne Bradshaw, Fort Hays State KS 5-6
		Sue Anderson, Kearney State NE 5-6

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Jackson State MS	9:47.36	<u>LONG JUMP (17'10")</u>	
Kearney State NE	9:49.52	Vogel Newsome, Mississippi Valley	20-5
<u>JAVELIN (125'0")</u>		Cornelia Jackson, Jackson State MS	19-8
Amy Proffitt, Kansas Wesleyan	135-2	Cynthia Johnson, Wiley TX	19-7
Beryl Bethel, Texas Southern	134-10	Lori Risenhoover, Adams State CO	19-5
Janet Essmann, Midland Lutheran NE	132-6	Deidre Jackson, Prairie View TX	19-4



Radius Jacobs of Jackson State (left) receives the NAIA Women's Division—Outstanding Performer Award from Bob Johns of the Kansas City Sports Commission.



Jackson State MS... 1981 Women's Indoor Track Champions

INDIVIDUAL RESULTS—FIRST NAIA WOMEN'S INDOOR TRACK MEET

60-YARD DASH: 1. Esther Hope, Jackson State MS, 6.99 (National Record - New Event); 2. Carol Williams, Mississippi Valley, 7.06; 3. Pamela Cook, Jackson State MS, 7.18; 4. Cornelia Jackson, Jackson State MS, 7.24; 5. Lori Risenhoover, Adams State CO; 7.30; 6. Harvellia Newsome, Mississippi Valley, 7.35.

60-YARD HURDLES: 1. Linda Weekly, Texas Southern, 7.79 (NATIONAL RECORD. Former record 7.85 by Linda Weekly, Texas Southern, in Semifinals); 2. Monica Williams, Saginaw Valley State MI, 8.08; 3. Thomasina Busch, Hampton Institute VA, 8.23; 4. Kathy Gebhards, Missouri-Kansas City, 8.35; 5. Colleen Donnelly, Adams State CO, 8.48; 6. Cassandra Van Horn, Jackson State MS, 8.79.

440-YARD DASH: 1. Yvonne Joseph, Jackson State MS, 53.96; 2. Brenda Owens, Jackson State MS, 58.18; 3. Vogel Newsome, Mississippi Valley, 58.19; 4. Yvette Joseph, Jackson State MS, 59.62; 5. Julie Farris, Kearney State NE, 60.10; 6. Denise Day, Midland Lutheran NE, 60.10. (National Record of 57.78 set by Brenda Owens, Jackson State, MS in Semis).

Adams State CO, 1:33.79.

880-YARD RUN: 1. Donna Bean, Jackson State MS, 2:16.38 (NATIONAL RECORD. New Event); 2. Radius Jacobs, Jackson State MS, 2:16.47; 3. Gina Smith, Jackson State MS, 2:20.86; 4. Mary Drey, Midland Lutheran NE, 2:22.48; 5. Shari Meyer, Kearney State NE, 2:24.77; 6. Jackie Hall, Park MO, 2:24.78.

1,000-YARD RUN: 1. Donna Bean, Jackson State MS, 2:40.36 (NATIONAL RECORD. New Event); 2. Gina Smith, Jackson State MS, 2:44.66; 3. Cynthia Edgerton, Emporia State KS, 2:46.79; 4. Vicki Lillis, Midland Lutheran NE, 2:47.23; 5. Lynn Mack, Doane NE, 2:48.89; 6. Tracy Luh, Park MO, 2:50.99.

MILE RUN: 1. Kellie Benzow, Wisconsin-Parkside, 5:11.63 (NATIONAL RECORD. New Event); 2. Lesha Wood, Emporia State KS, 5:12.40; 3. Gayla Rothers, Pittsburg State KS, 5:15.10; 4. Denise Falzone, Adams State CO, 5:18.04; 5. K.C. Curran, Marymount KS, 5:22.99; 6. Julie Jacob, Midland Lutheran NE, 5:23.92.

TWO-MILE RUN: 1. Wendy Burman, Wisconsin-Park-

INTERNATIONAL / WORLD RANKINGS

Sophomore Year

TRACK NEWSLETTER

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• 1982 UNITED STATES WOMEN'S LIST •

compiled by Howard Willman



Jackie Joyner

women's list for the 1981 season in all track events, which still has much action and interest from now, for the main body of U.S. performers. A mark is denoted by an underscore, and marks for an inclusive list are also included in the foreigners section. In field events, a mark is denoted by a plus sign. The report is at the end of the main body of the resident foreigners).

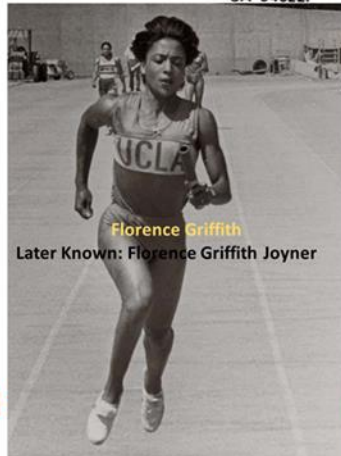
each event. Record symbols: W=World; WJ=World Junior; AJ=American Junior. For the records of each affected event, the records are included only when intrinsically

superior to the best legal mark used in straight events and 200s and 0.14

For events longer than 400 meters but are given an inferior position the same tenth second decimal. For events ahead of 2:08.2.

Symbols: (A)=mark made at an altitude; * after an athlete's name=mark within a field-event series; &=mark made at a 434-meter track in Chestnut Hill; **=sophomore; *=junior; - =senior

We are eager to receive amendments and corrections published in subsequent issues. Please send them to: CA 94022.



Florence Griffith

Later Known: Florence Griffith Joyner

400 METERS

(W-48.15; A-50.62; C-50.62; WJ-49.77; AJ-50.87)

+400 hand + 0.14

*440 hand + 0.14 x 99.42%

#400 hand + 0.24 (1 turn)

50.87 Denean Howard (Ca HS)

51.17 Howard

51.18 Rosalyn Bryant (CAN)

51.33 Bryant

51.34 Bryant

51.38 Howard

51.69 Bryant

51.75 Diane Dixon (NY HS)

51.79 *Arlise Emerson (UCLA)

51.85 Bryant

51.85 Bryant

51.91 *Florence Griffith (UCLA)

53.74+ -Vogel Newsome (Ms V)

+ Ericka Harris (Wa HS)

+ **Tammie Hart (Penn St)

4 x 400 METERS (W-3:19.05;

A-3:22.81; C-3:28.55; WJ-

3:30.39; AJ-3:34.68)

†4 x 440 x 99.42%

3:23.13 National Team

3:25.02 National Team

3:28.07 National Team

3:28.55(A) Tennessee

3:28.68 LA Naturite

3:28.70(A) Florida State

3:29.37 USOC East

3:30.34 USOC West

3:30.44(A) UCLA

3:31.39(A) Tennessee

3:31.62 Atoms TC

3:32.52 USOC South

3:33.81(A) Prairie View A&M

3:38.6& Boston International TC

3:38.72 Mississippi Valley State

BOHAA

3:39.08 Morgan State

SPRINT MEDLEY

(W-1:36.79; A-1:36.79;

C-1:36.70)

†=880 medley x 99.42%

(200, 100, 100, 400)

1:36.79 Wilt's AC

1:37.57 LA Naturite TC

1:38.28 Wilt's AC

SoCal Cheetahs

1:38.7 Nebraska

1:42.66 Mississippi Valley State

1:42.91 Eastern Michigan

LONG JUMP (W-23-7½; A-22-11½; C-22-7½; WJ-22-10½; AJ-21-7½)

6.91 22-8 Jodi Anderson (LAN)

6.81 22-4¼ ***Carol Lewis (Hous)

Lewis

6.73 22-1 Lewis

6.72 22-¾ Anderson I

6.69 21-11½ Lewis I

Lewis I

6.67 21-10½ Anderson

6.66 21-10¼ Lewis

6.65 21-10 Lewis I

Lewis

6.61 21-8¾ Kathy McMillan (CA)

6.57 21-6¾ *Tudle McKnight (Ks)

6.56 21-6¾ Gwen Loud (CA)

6.52 21-4¾ -Pat Johnson (Wi)

6.44 21-1¼ **Jackie Joyner (UCLA)

6.13 20-1¼ -Vogel Newsome (Ms V)

6.12 20-1¼ *Michelle Kelley (UCI)

2011 FLORIDA A&M UNIVERSITY RELAYS

Coach Bobby Lang







Doug Barnett of Azusa Pacific, who placed first in...

KANSAS CITY, Mo. -- Doug Barnett of Azusa Pacific, who placed first in the shotput and the 35-pound weight throw Friday, was the only men's double winner in the first day of the NAIA National Indoor Track and Field Championships.

Three men and seven women's meet records were set Friday. Barnett, a senior, successfully defended his 1981 title in the 35-pound weight throw, winning the event in a meet record 65-2 inches. In the 60-yard high hurdles, Steve Parker of Abilene Christian regained his 1980 crown in a record :7.19.

In the final event of the evening, Mark Norman of Northwood Institute (Mich.) bested the existing men's high jump record, clearing 7-2 on his third attempt.

Kathy Wallace of Texas Southern ran the 60-yard dash in :6.87 for one of the records in the women's division. Other records: Linda Weekly, also of Texas Southern, 60-yard hurdles :7.96; Carol Williams of Mississippi Valley State 440 :57.17; **Vogel Newsome of Mississippi Valley, 600-yard dash 1:25.09;** Cathy Schmidt of Saginaw Valley (Mich.) 1,000-yard run 2:39.38; Texas Southern University in 2-mile rule relay, 9:19.17.

NAIA TRACK RESULTS

KANSAS CITY, Mo. (AP) — Here are the results of Saturday's final events in the NAIA Track and Field Championships:

Men's Results

Two-mile walk: 1, Tom Edwards, Wisconsin-Parkside, 13:32.71. 2, Tim Gifford, Wisconsin-LaCrosse, 13:40. 3, Don Lawrence, Wisconsin-Parkside, 14:00.04. 4, Mel McGinnis, Spring Arbor, Mich., 14:11.83. 5, Fabian Knizacky, Aquinax, Mich., 14:44.09. No sixth.

440-yard dash: 1, Kevin Jones, Northwood Institute, Mich., 48.27. 2, Ed Brown, Saginaw Valley, Mich., 48.67. 3, Evans Lalas, Saginaw Valley, 49.23. 4, Tyrone Cross, Texas Southern, 49.33. 5, Robert Brown, Hampton Institute, Va., 49.90. 6, Eric Pierce, Prairie View, Tex., 50.57.

880-yard run: 1, Joel Ngenich, Wayland Baptist, Tex., 1:52.03. 2, Brian Starks, Texas Southern, 1:53.37. 3, Mel Trahan, Prairie View, 1:54.46. 4, Dan Riley, Doane, Neb., 1:55.18. 5, Ken Plude, Saginaw Valley, 1:56.25. 6, Jeff Wachter, Wisconsin-Stout, 1:56.42.

Two-mile run: 1, Pat Porter, Adams State, Colo., 8:51.13. 2, Joel Marchand, Malone, Ohio, 8:59.03. 3, Paul Peterson, Saginaw Valley, 9:04.05. 4, Willie Walsh, Pittsburg State, Kan., 9:09.24. 5, David Mitchell, Park, Mo., 9:10.01. 6, John Thomas, Adams State, 9:12.39.

600-yard run: 1, Eugene Sanders, Mississippi Valley, 1:11.66. 2, Eric Pierce, Prairie View, 1:12.37. 3, Randolph Dixon, Mississippi Valley, 1:12.73. 4, John Wallace, Texas Southern, 1:12.76. 5, Elton Brown, Texas Southern, 1:13.57. 6, Darren Harsin, Doane, Neb., 1:13.84.

3-mile run: 1, Jerrold Wynia, Dordt, Iowa, 13:57.88. (NAIA record; old record 13:59.86, Joel Marchand, Malone, Ohio, 1981) 2, Jerry Husz, Wisconsin-Parkside, 13:59.94. 3, Duane Johnson, Saginaw Valley, 14:01.75. 4, Peter Graham, Adams State, 14:03.28. 5, Tom Maxson, Wisconsin-Oshkosh, 14:12.32. 6, Nick DeCola, Wisconsin-LaCrosse, 14:14.49.

Long jump: 1, James Palmer, Texas Southern, 23-11 $\frac{3}{4}$. 2, Britt Courville, Texas Southern, 23-10 $\frac{1}{4}$. 3, Greg Johnson, Abilene Christian, 23-8 $\frac{3}{4}$. 4, Jim Smith, Bethany, Kan., 23-2. 5, Bill Patza, Wisconsin-LaCrosse, 22-11 $\frac{1}{2}$. 6, Roy Dixon, School of the Ozarks, 22-9 $\frac{3}{4}$.

Mile run: 1, Kregg Einspahr, Concordia, Neb., 4:06.34. (NAIA record; old record 4:08.15, John

Esquibel, Adams State, 1981) 2, Dale Schoolmeester, Northwestern, Iowa, 4:15.44. 3, Dave Sederquist, Moorhead State, Minn., 4:15.94. 4, John Darga, Saginaw Valley, 4:16.72. 5, Charles Blueback, Metropolitan State, Colo., 4:17.48. 6, Noel Timmons, Kearney State, Neb., 4:24.03.

Women's Results

800-yard run: 1, Cathy Schmidt, Saginaw Valley, 2:18.95. 2, Cheritta Jackson, Texas Southern, 2:19.41. 3, Tawonna Thompson, Texas Southern, 2:21.34. 4, Sandra Scott, Texas Southern, 2:23.60. 5, Harvellia Newsome, Mississippi Valley, 2:24.40. 6, Denise Day, Midland Lutheran, Neb., 2:24.69.

Two-mile run: 1, Florence Pkschus, School of the Ozarks, 10:40.47. (NAIA record; old record 10:47.16, Wendy Burman, Wisconsin-Parkside, 1981) 2, Mary Jaqua, Adams State, 10:50.18. 3, Cindy Reinhart, Saginaw Valley, 11:09.05. 4, Leslie Deverea, Texas Southern, 11:21.10. 5, Debbie Spino, Wisconsin-Parkside, 11:21.33. 6, Lucy Paine, Adams State, 11:21.73.

440-yard dash: 1, Loretta Edwards, Prairie View, 57.32. 2, Jeanice Gunner, Texas Southern, 57.90. 3, Joyce Towson, Texas Southern, 58.03. 4, Sheila Labome, Prairie View, 58.06. 5, Delvis Burroughs, Prairie View, 58.50. No sixth.

Mile run: 1, Debbie Spino, Wisconsin-Parkside, 5:11.46. (NAIA record; old record 5:11.63, Kellie Benzow, Wisconsin-Parkside, 1981) 2, Kathy Bowman, Saginaw Valley, 5:16.00. 3, Lynn Mack, Doane, Neb., 5:21.97. 4, Cindy Reinhart, Saginaw Valley, 5:24.11. 5, Angelia Jackson, Mississippi Valley, 5:24.91. 6, Gayla Rothers, Pittsburg State, Kan., 5:27.60.

1,000-yard run: 1, Cathy Schmidt, Saginaw Valley, 2:39.83. 2, Madonna Redd, Texas Southern, 2:39.88. 3, Mary Drey, Midland Lutheran, Neb., 2:46.02. 4, Lee Ann Yanik, Saginaw Valley, 2:46.86. 5, Joan Jilka, Fort Hays State, Kan., 2:48.39. 6, Lynn Mack, Doane, 2:49.43.

600-yard run: 1, Easter Gabrielt, Prairie View, 1:23.97. (NAIA record; old record 1:25.09, Vogel Newxome, Mississippi Valley, in 1982 semifinals) 2, Vogel Newsome, Mississippi Valley, 1:24.81. 3, Angie Sibby, Mississippi Valley, 1:26.70. 4, Mary Sedall, Adams State, 1:27.48. 5, Dona Driscoll, Wisconsin-Parkside, 1:27.59. 6, Kelly Vasold, Saginaw Valley, 1:28.70.



1982 Statistics

George Fox University Archives

440-YARD DASH: 1. Loretta Edwards, Prairie View A&M TX, 57.32 (NAIA Record. Former record 57.78, Brenda Owens, Jackson State MS, 1981); 2. Jeanice Gunner, Texas Southern, 57.90; 3. Joyce Townson, Texas Southern, 58.03; 4. Shelia Labome, Prairie View A&M TX, 58.06; 5. Delvis Burroughs, Prairie View A&M TX, 58.50.

600-YARD RUN: 1. Easter Gabriel, Prairie View A&M TX, 1:23.97 (NAIA Record. Former record 1:25.05, Radious Jacobs, Jackson State MS, 1981); 2. Vogel Newsome, Mississippi Valley, 1:24.81; 3. Angie Sibby, Mississippi Valley, 1:26.70; 4. Mary Sedall, Adams State CO, 1:27.48; 5. Dona Driscoll, Wisconsin-Parkside, 1:27.59; 6. Kelly Vasold, Saginaw Valley MI, 1:28.70.

880-YARD RUN: Cathy Schmidt, Saginaw Valley MI, 2:18.95; 2. Cheritta Jackson, Texas Southern, 2:19.41; 3. Tawonna Thompson, Texas Southern, 2:21.34; 4. Sandra Scott, Texas Southern, 2:23.60; 5. Harvellia Newsome, Mississippi Valley, 2:24.40; 6. Denise Day, Midland Lutheran NE, 2:24.69.

Kearney State NE, 1.625 (5-4); 5. Lynn Bradshaw, Fort Hays State KS, 1.575 (5-2); 6. Cindy Pool, Southern Colorado, 1.575 (5-2); Sharon Lowry, Texas Southern, 1.575 (5-2).

SHDT PUT: 1. Karen Waddell, Prairie View A&M TX, 14.58 (47-10¼) (NAIA Record. Former record 46-8½, Karen Waddell, Prairie View TX, 1981); 2. Vandora Wilson, Fort Hays State KS, 13.47 (44-2½); 3. Loretta Fidel, Adams State CO, 13.33 (43-8¼); 4. Patricia Thomas, Prairie View A&M TX, 13.07 (42-10¼); 5. Cindy Young, Adams State CO, 13.06 (42-10¼); 6. Becky Edgren, Kearney State NE, 12.68 (41.7½).

LONG JUMP: 1. Thomasina Busch, Hampton Institute VA, 5.91 (19-4¾) (NAIA Record. Former record 18-7 Lori Risenhoover, Adams State CO, 1981); 2. Vogel Newsome, Mississippi Valley, 5.91 (19-4¾); 3. Margaret Lynn Gamble, Prairie View TX, 5.53 (18-1¾); 4. Delvia Burroughs, Prairie View A&M TX, 5.51 (18-1); 5. Lark Darnell, Chadron State NE, 5.13 (16-10); 6. Reta Goodrich, Chadron State NE, 5.10 (16-8¾).

ALL-TIME INDIVIDUAL CHAMPIONS

60-YARD DASH

1981 Esther Hope, Jackson State MS, 6.99
1982 Katherine Wallace, Texas Southern, 6.87

2. Mary Sedall, Adams State CO, 2:13.84
3. Cheryl Phares, Emporia State KS, 2:15.52
4. Sue Robinson, Western Washington, 2:16.28
5. Colleen Booms, Saginaw Valley MI, 2:16.94
6. Lee Ann Yanik, Saginaw Valley MI, 2:19.70

1500 METER RUN

1. Debbie Spino, Wisconsin-Parkside, 4:35.47
2. Marilyn Thibodeau, Western Washington, 4:39.16
3. Colleen Booms, Saginaw Valley MI, 4:41.52
4. Janet Lee, Wayne State NE, 4:43.26

MILE RELAY

1981 Mississippi Valley (Harvellia Newsome, Vogel Newsome, Vanessa Cole, Carol Williams), 3:55.81

800-METER MEDLEY RELAY

1. Prairie View TX (Lynn Gamble, Loretta Edwards, Casandra Graham, Easter Gabriel), 1:39.32
2. St. Augustine's NC (Mary Gardin, Denise Daye, Antionette Gilbert, Sheila Ingram), 1:42.55
3. Mississippi Valley (Rene Lloyd, Gwen Williams, Vogel Newsome, Carol Williams), 1:43.06
4. Hampton Institute VA, 1:46.71
5. Wayne State NE, 1:48.25
6. Bethel KS, 1:49.22

College track

At Monroe

Here are the team scores and individual events from the NLU outdoor quadrangular track meet.

MEN

Southern Illinois 102, Northeast 66, Mankato State 14, Mississippi College 1.

FIELD EVENTS

SHOT PUT — 1. John Smith (SIU) 57-8; 2. Sammy Reed (NLU) 53-6½.

DISCUS — 1. Smith 172-6½; 2. Reed 154-0.

JAVELIN — 1. Dennis Sebren (NLU) 225-5½; 2. Doug Mitchell (NLU) 213-9.

POLE VAULT — 1. John Sayre (SIU) 16-6; 2. Andy Geiger (SIU) 16-0.

TRIPLE JUMP — 1. Dennis Ester (NLU) 45-9; 2. Clarence Jones (NLU) 41-11.

HIGH JUMP — 1. Stephan Wray (SIU) 6-10; 2. Kenny Link (NLU) 6-8.

RUNNING EVENTS

400-RELAY — 1. Southern Illinois (Parry Dunkin, Marvin Hinton, Tony Adams, Mike Franks) 40.42; 2. Northeast 40.58.

1500-RUN — 1. Kosten Schulz (SIU) 3:50.29; 2. Tom Ross (SIU) 3:50.88.

110-HURDLES — 1. Charlie Greer (NLU) 14.06; 2. Kenneth Link (NLU) 14.16.

800-RUN — 1. Tom Rosa (SIU) 1:54.39; 2. Robert Moore (NLU) 1:54.92.

400-HURDLES — 1. Sam Nwosa (SIU) 52.31; 2. Greer 53.03.

200-DASH — 1. Franks 21.2; 2. Hinton 21.45.

5000-RUN — 1. Mike Keane (NLU) 14:32.52; 2. Schulz 14:38.35.

1600-RELAY — 1. Southern Illinois (Duncan, Randy Geary, Franks, Adams) 3:09.06; 2. Northeast 3:11.67.

WOMEN

Grambling 94, Northeast 46, Mississippi Valley 45, Southern Illinois 15.

FIELD EVENTS

SHOT PUT — 1. Jo Ellen Kinnamon (NLU) 42-10 1/8; 2. Maurice Smith (G) 40-7¼.

DISCUS — 1. Kinnamon 129-7 3/8; 2. Smith 122-10.

JAVELIN — 1. Kelly Webb (NLU) 128-2 (STADIUM RECORD: Old record: 119-7 by Becky Harding of SFA); 2. Cynthia Joy (SIU) 127-3.

LONG JUMP — 1. Vogel Newsome (MSVS) 20-0½ (STADIUM RECORD: Old record: 19-3¼ by Cynthia Johnson, Wiley, 1981); 2. Webb 17-6¼.

HIGH JUMP — 1. Lauri Young (NLU) 5-7 (STADIUM RECORD: Old record: 5-6, by Young, 1982); 2. Ropietta Maloo (G) 5-2.

RUNNING EVENTS

400-RELAY — 1. Mississippi Valley State (Corein Pringle, Necie Williams,

Angle Sibby, Gwen Williams) 47.81 (STADIUM RECORD: Old record: 47.62 by Grambling, 1982); 2. Grambling 47.81.

1500-RUN — 1. Revah Knight (G) 4:47.25 (STADIUM RECORD: Old record: 4:53.2, by Pam LeBlanc, NLU, 1981); 2. Rosa Mitchell (SIU) 4:52.47.

100-HURDLES — 1. Lauri Young (NLU) 14.76; 2. Prouda Adams (G) 14.82.

400-DASH — 1. Carol Williams (MVSU) 54.31 (STADIUM RECORD: Old record: 55.4 by Clotee Cowans, NLU, 1982); 2. Gail Emmanuel (G) 54.86.

100-DASH — 1. Willie Jenkins (G) 11.85; 2. Gwen Williams 12.04.

800-RUN — 1. Knight 2:15.49; 2. Harvella Newsome (MVSU) 2:22.67.

400-HURDLES — 1. Sibby 1:02.08 (STADIUM RECORD: Old record: 1:07.8, Cynthia Williams, Grambling, 1982); 2. Williams 1:02.73.

200-DASH — 1. Gwen Williams 24.53 (STADIUM RECORD: Old record: 24.7 by Tina Sam, Grambling, 1981); 2. Clotee Cowans (NLU) 24.75.

3000-RUN — 1. Knight 10:45.08 (STADIUM RECORD: Old record: 11:05.5, Cynthia Yearby, NLU, 1981); 2. Lori Bertran (SIU) 10:49.23.

1600-RELAY — 1. Mississippi Valley (Vogel Newsome, Gwen Williams, Sibby, Necie Williams) 3:44.59 (STADIUM RECORD: Old record: 3:51.5, GSU, 1982); 2. Northeast 3:55.97.







Press Book

SPIRE Institute | March 5-7, 2015
Geneva, Ohio



Women's Indoor Track & Field National Championship Records

Mile Relay

1981 Mississippi Valley State (Harvella Newsome, Vogel Newsome, Vanessa Cole, Carol D. Williams), 3:55.81

1987 Kearney State (Neb.) (Beth Wilson, Tatia Harris, Becky Muma, Donna Spickelmier), 12:26.18

1988 Simon Fraser (B.C.) (Alana Kripps, Lori Ewing, Chris Wagner, Leah Pells), 11:48.94

Rawley shuts down Rangers as Yankees take 7-6 victory

By HERSCHEL NISSENSON
AP Sports Writer

AS THEY HAVE so many times in recent years, the New York Yankees turned to their bullpen to protect a lead and got a couple of much-needed strikeouts.

But — surprise! — it wasn't Rich Gossage. The Goose was unavailable Monday night, having worked an unaccustomed three-and-one-third innings Sunday in losing a 12-inning 7-6 decision to the Chicago White Sox.

So the Yankees turned to Shane Rawley, the other half of their 1-2 relief punch since the weekend deal that sent Ron Davis to Minnesota, and Rawley did a job that would have made Gossage proud.

Starter Dave Righetti and relievers Rudy May and John Pacella were seemingly trying to squander a 10-1 lead.

The Texas Rangers scored four times in the eighth inning and twice in the ninth and had two long-ball threats waiting in the wings in pinch-hitters Leon Roberts and Bobby Johnson, both representing the potential tying run.

Rawley punched them both out to preserve the Yankees' first victory of the season, a 10-7 triumph that spoiled the Rangers' home opener.

IN THE ONLY OTHER American League games, the unbeaten Chicago White Sox made it three in a row by edging the Boston Red Sox 3-2 and the Toronto Blue Jays whipped the Detroit Tigers 9-5.

The Yanks built their big lead behind a 14-hit attack that included Willie Randolph's three-run homer and Dave Winfield's solo shot. Righetti allowed six hits and one unearned run in seven innings before tiring in the eighth.

WHITE SOX 3, RED SOX 2: The White Sox spoiled Boston's home opener, breaking a scoreless duel in the sixth when Kemp doubled, Tom Paciorek singled him home and scored on a double by Carlton Fisk. Carl Yastrzemski hit his 428th career homer for Boston, but the White Sox scored what proved to be the winning run in the seventh on an infield hit by Bill Almon, a forceout by Ron LeFlore, who stole second and came home on Tony Bernazard's double.

"I was more than just a little worried in the ninth," said Chicago Manager Tony LaRussa, who had to go to his bullpen twice in the inning to protect the lead.

"It's tough to sweat in this weather (50 degrees), but I sure did. Winning the first three games does build confidence, but we really haven't accomplished that much. The games we won could have gone either way."

hit by the Pittsburgh catcher came with one out. Sutter responded by mowing down mountainous Dave Parker on a swinging third strike and afterward retired the Pirates' last four batters.

George Hendrick's two solo homers, two RBI singles by Keith Hernandez and a two-base error by Pittsburgh shortstop Dale Berra gave the Cardinals the lead before Sutter arrived.

Milwaukee Braves of 1967, previously the best start of a Braves' team since records were kept in 1930. They had won no more than four opening games since moving to Atlanta in 1966.

Walk, 2-0, pitched shutout ball until the eighth inning, when the Reds scored their run on an RBI triple by Dave Concepcion. Camp came on at this point and nailed down the game for Atlanta. Walk helped

Mike LaCoss, 1-0, earned his first victory since joining the Astros. LaCoss allowed one hit and struck out one in the 11th.

The Dodgers took a 1-0 lead in the eighth on Steve Sax's RBI single. They tied the score in the eighth on a two-run error by Sax at second base that allowed a run to score.

Valley second in JSU Invitational

JACKSON — On a chilly afternoon a handful of spectators watched six track and field teams compete for the championship in the Jackson State University Men's and Women's Invitational Meet, with Jackson State winning both top honors.

In the men's competition, Jackson State outpointed the second-place Mississippi Valley State University team with a score of 165 to 120.

Following the two front runners were: Mississippi College with 74; University of Southern Mississippi with 73; Southern University of New Orleans 57; Alcorn State with 17; and Alabama State with 8.

MVSU's men won the sprint medley with a time 3:19.2 and the 400-meter relay

in 40.9 seconds.

Earnie Lollis' throw of 69-foot-5-and-a-half inches won the shot put for Valley.

And MVSU's Donald Butler took the high jump at 6-foot-10-inches.

In the women's division, JSU edged MVSU with a score of 92 to 83, followed by Alabama State 71; Grambling 67; Alcorn 28; and SUNO 10.

MVSU women won four of the 11 events.

Valley's Angie Sibby took the 200-meter dash in 24.3 seconds, and Vogel Newsome was tops in the long jump with a distance of 18-foot-4½-inches, getting the No. 1 individual honors.

MVSU's 400-meter relay team was also

victorious in 3:48.4, as was the sprint medley foursome in 2:43.9.

The duel between JSU's Mark Rowe and MVSU's Eugene Sanders went to Rowe who ran a 46.5-second 400 meters. Sanders, running on a sore leg came in third.

Prior to Saturday's JSU meet, the Devils had participated in the Mississippi State Invitational Friday.

"It was two meets in a row for my tracksters — their legs were tight and we just couldn't get loose," said MVSU head track coach William Brown.

This week, the Devils will participate in the Delta State Meet to be held in Cleveland.





It was a joy seeing these results. **First Indoor SPRINT** event since High School.

EASTMAN INVITATIONAL MEET
Friday, January 14, 1983

60-YARD DASH (Women)
Top Four to Semis plus two fastest
Results of Four Heats

Heat 4

1.	S. Barksdale, Tennessee	7.04	6.9
2.	Vogel Newsome, Florida A&M	7.40	7.3
3.	T. Hudson, East Carolina	7.47	7.3
4.	Sheila Collins, Morris Brown	7.48	7.3
5.	Tracy Crockett, Virginia	7.55	7.4
6.	Brenda Keel, Morris Brown	7.61	7.4

60 YARD DASH (Women - Semi-Finals)
Top 2 Places to Final
Three Heats

	<u>FAT</u>	<u>MT</u>	
Heat 1			
1.	R. Kent, E. Carolina	7.13	6.9
2.	Kathy Rankins, Ga.	7.18	7.0
3.	Belinda Little, Ala.	7.25	7.0
4.	C. Desrosier, Tenn.	7.33	7.0
5.	F. Young, Auburn	7.34	7.2
6.	Vogel Newsome, Fla. A&M	7.37	7.2

Mile Relay (Women)
Top 3 to Final
2 Heats

	<u>FAT</u>	<u>MT</u>	
Heat 1			
1.	Tennessee (Rattray, Clark, Barksdale, Walton)	3.45.56	3.44.5
2.	Fla, A&M (Jones, Newsome, Jackson, Porter)	3.50.66	3.44.5
3.	Georgia (Walker, King, Julian, Hines)	3.56.04	3.54.8
4.	UNC (Houk, Nesbit, Murray, Morehead)	4.04.53	4.01.0





Rattlerettes qualify for NCAA track

Democrat staff reports

JACKSON, Miss. — The Florida A&M Rattlerettes turned in their strongest performance of the indoor season at the Coors Invitational and qualified two individuals and the mile-relay team for the NCAA Indoor Championships.

Junior Mary Jones grabbed a second-place finish in the 500-meter dash and qualified with a time of 1:12.5.

Senior Pam Oliver finished third in the 400-meter dash with 55.1.

Junior Vogel Newsome grabbed third place in the long jump with a leap of 19 feet, 4 ½ inches. Newsome has already qualified for the Indoor Championships.

The Rattlerette mile-relay team swept to a first-place finish with a time of 3:43.3. Their time qualifies them for the NCAA Indoor Championships.

In the Rattlers' events, Reggie Davis set a Coors Invitational Indoor record of 6.53 in the 50-meter dash to win the event held Monday.

Also placing for FAMU were Kevin McCoy, second place, in the 500-meter run with 1:05.6, and Cal-

Local colleges

vin Sancho, in fourth, in the 400-meter dash in 50.0.

Galkantas to be honored

The Florida State Lady Seminole basketball team closes its regular home season tonight, taking on the University of Cincinnati at Tully Gym beginning at 7:30.

FSU, now 12-16 overall and 1-7 in the Metro Conference play, will pull out of a last place tie with Tulane if it can defeat the Bearcats, 3-6 in the conference and 16-10 overall.

FSU will have several other incentives to win. Before the start of the game, FSU's senior players Sue Galkantas, LeeVayn Oliver and Jill Baker will be honored. At the intermission, Galkantas' jersey will be retired.

Galkantas, who recently was named to the all-tournament team of the Northern Lights Invitational after scoring 62 points in three

games, leads Florida State in scoring with a 17.3 average.

Admission is \$2 for adults and \$1 for students.

FSU men win at tennis

The Florida State men's tennis team rolled over the University of Evansville Tuesday, winning all nine matches.

The win boosts FSU's record to 11-4. The Seminoles go on the road for a series of matches beginning with Florida on Thursday.

Singles: Marco Abilhoa (FSU) def. Dan Flanagan 6-2, 6-3; Jeff Horine (FSU) def. Derik Crusser 6-0, 7-5; Joey Rive (FSU) def. Joe Streznick 6-3, 4-6, 6-3; Scott Blessing (FSU) def. Dick Waterfall 7-6, 6-3; Geoff Roper (FSU) def. Pat Hyman 6-0, 6-1; Randy Hock (FSU) def. Briann Poynter 6-4, 2-6, 6-3.

Doubles: Blessing-Horine (FSU) def. Waterfall-Flanagan 6-3, 7-5; Abilhoa-Roper (FSU) def. Streznick-Crusser 7-5, 6-3; Rive-Hock (FSU) def. Poynter-Arnbrucster 4-6, 6-4, 6-4.

FSU tennis match today

The Lady Seminoles tennis team will play today in a dual match against Northeastern Louisiana at 2 p.m.

The match is free to the public.









Mike Ewan/Democrat

South Carolina State high jumper Sheen Barnes falls to clear 5 feet, 2 inches in the FAMU Relays.

FAMU foursome highlights Relays

By George Maselli
Democrat sportswriter

By the time it was over, the skies were dark and Florida A&M's athletes were just getting warmed up. Exhausted, but just starting to cook.

"I'm so tired. I had a lot of plans for the evening, but I'm too tired to do anything now," said FAMU runner Pam Oliver, one of the stars of the day Saturday in the 33rd running of the Florida A&M Relays.

At the end, most of the estimated crowd of 1,000 and many of the estimated 1,300 athletes who competed had departed. The meet, blessed with blue skies and sunshine, started at 9:30 a.m. and didn't end until 7:10 p.m. Those who left missed the best part.

The meet was not scored on a team basis. But four Rattlerettes lit up their own scoreboard.

FAMU's Oliver, Pam Porter, Vogel Newsome and Mary Jones ran a 3:34.9 in the 1,600 relay through the dusk. That blazing time lowered their own national-best time in the 1,600 relay this season.

That marked the seventh straight time the foursome had won and improved on its own time.

For a little gravy, the FAMU men's 1,600 relay team, anchored by Reggie Davis, closed a 20-yard deficit to nip old rival South Carolina State at the wire in the day's final event.







Rattlerettes take tennis title in FAMU Spring Sports Carnival

Special to the Democrat

The Florida A&M women's tennis team swept all six singles championships to win the team title in the Florida A&M Spring Sports Carnival.

In men's action, FAMU will be represented in all six men's singles finals and all three double finals that will be played today.

Also, the 33rd annual Florida A&M Relays will begin this morning at 9:30 a.m. with more than 1,000 athletes competing from college and high school teams.

Ticket prices are \$1 for adults and 50 cents for children.

The morning session will be primarily for preliminary heats, but finals will be run in the 400-meter dash (11 a.m.), the 880-meter dash (11:30) and the distance medley relay (11:50).

Field events will be held from noon to 2 p.m. Final running events will begin at 1:30 with one of the expected highlights of the meet, the 400-meter relay. That race will match a fast FAMU foursome against Florida State's temporary team of Greg Allen, Billy Allen, Roosevelt Snipes and Jessie Hester. All but Greg Allen will report to spring football practice next week.

The final scheduled event is the 1600-meter relay at 5:20 p.m. FAMU's foursome of Pam Porter, Pam Oliver, Vogel Newsome and Mary Jones own the fastest time of the year so far with a 3:34.9 clocking.





For the record

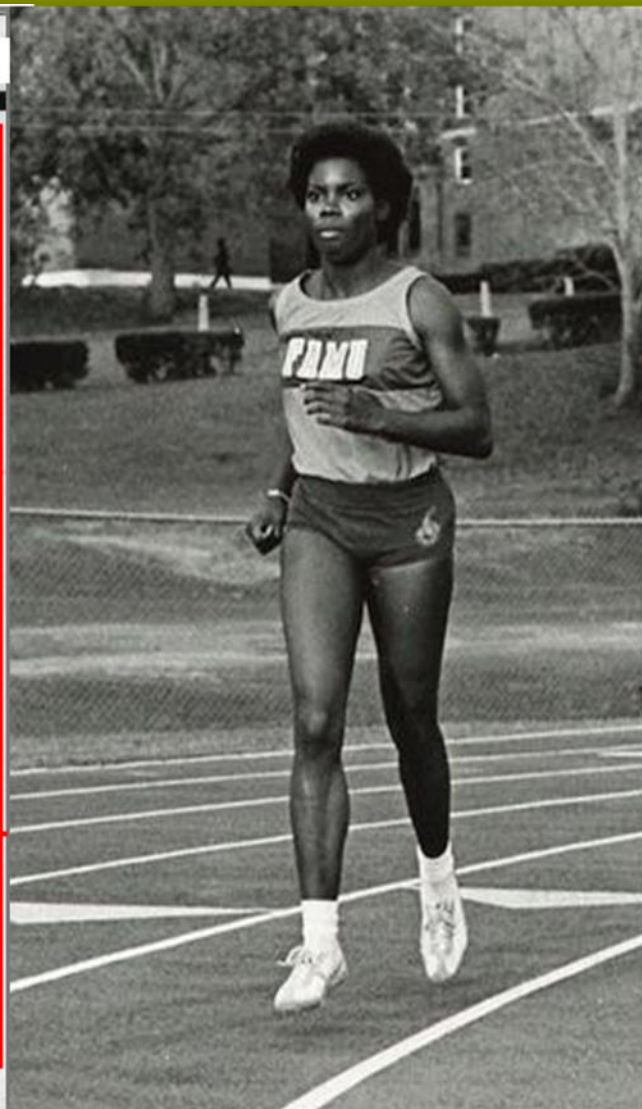
Orlando AAU team in state tournament

The Orlando AAU junior men's basketball team didn't have much time to celebrate a 125-119 victory over Kissimmee-Cocoa Beach. The squad will represent Area II in this weekend's state AAU championships in Jacksonville and the victory improved their seeding. Pairings and opponents were not known at press time. Coach **Don Halrston** mentioned **Clide Roberson**, **Will Nix**, **Harold Peoples** and **Chico Dawkins** as key players in the overtime victory. **Jimmy McCrimmon** was Kissimmee-Cocoa Beach's leading scorer. The Orlando team gained some added height and rebounding strength when University of Central Florida starter **Isaac McKinnon**, a 6-foot-8 senior, joined for the state tournament. Amateur basketball remains busy in Orlando with the Orlando Recreation Department city tournament currently underway and the Central Florida Amateur Basketball Association (CFABA) scheduled to play host to a major tournament June 1-3 at the Orlando recreation complex. The city championship game is scheduled for tonight at 9.

■ TRACK

A RECORD. The Florida A&M University 4 by 400 meter relay team set a school record and qualified for the NCAA outdoor championships with a 3:34.9 clocking Saturday at the Edward Waters Relays in Jacksonville. The performance is the fastest time in the nation to date, surpassing a 3:37.0 indoor time run by Florida State University. It also is 6 seconds faster than the Division I qualifying time. The FAMU quartet of **Pam Porter**, **Pam Oliver**, **Vogel Newsome** and **Mary Jones** is unbeaten this year and has improved their time in each of their six victories. Before moving to Division I in 1983, FAMU won the Division II national championship in the 1,600 meter relay in 1982. Oliver and Jones ran the leadoff and anchor legs on that team. Porter was hounded by injuries her first two years at FAMU but came on last year to capture the Mid-Eastern Athletic Conference 400-meter outdoor title and earlier this season, tied the school record in the 200-meter dash with a 23.9 clocking. Newsome transferred to FAMU from Mississippi Valley State where she was one of the top quarter-milers in the country. Oliver is a senior from Dallas while Jones is from Bluffton, S.C. Porter is now running leadoff. All ran 53-second or faster splits. The relay team will try to improve again this weekend when the FAMU Relays brings 50 men and women collegiate teams to FAMU track.

Compiled by Bill Buchalter







SEA RAY RELAYS

TONY WILSON AWARD WINNERS

The Tony Wilson Memorial Trophy is given each year to the most outstanding male and female athlete in both the running and field events at the Sea Ray Relays. The trophy is named in honor of Wilson, who was the SEC high jump champion in 1971 while competing for Tennessee. Wilson competed for the Vols from 1969 until he died from a cerebral hemorrhage on March 12, 1973.

2007–Tyler DeVault, Tennessee
2008–Rubin Williams, Tennessee
2009–Ryan Bailey, Rend Lake C.C.
2010–Evander Wells, Tennessee
2011–Andrew Riley, Illinois
2012–Brycen Spratling, Pittsburgh

Field Events

1974–Tommy Haynes, MTSU
1975–James Barrineau, Georgia

WOMEN

Running Events

1993–Holly Hyche, Indiana State
1994–Dannette Young, Unattached
1995–Sue Walton, Tennessee
1996–Joetta Clark, Foot Locker TC
1997–Stephanie Dueringer, Michigan St.
1998–Beverly Pierre, Seton Hall
1999–Kelli White, Tennessee

ALL-TIME SEA RAY RELAYS WINNERS - WOMEN

2002-Seton Hall, 8:42.43
2003-Michigan, 8:48.34
2004-Tennessee, 8:28.87
2005-Cornell, 8:38.21
2006-Michigan, 8:30.65
2007-Not contested (weather)
2012-Western Michigan, 11:56.73

4x1,500 METER RELAY

2004-Michigan, 18:05.32
2005-Wisconsin, 18:28.05
2006-Michigan, 18:17.27
2007-Virginia Tech, 18:22.65
2008-Wisconsin, 19:30.80
2009-Tennessee, 17:51.71

1986-Felicia Hodges (Temple) 5-11 1/4
1987-Diani Phillips (Syracuse) 5-10
1988-Felicia Hodges (Temple) 6-0
1989-Felicia Hodges (Unatt.) 5-10 1/2
1990-Lisa DeVries (Mich.) 5-7 3/4
1991-Leslie Estwick (Ottawa TC) 5-11 1/4
1997-Leslie Henley (Tenn.) 11-3
1998-Shannon Gallagher (Kent St.) 11-5 3/4
1999-Kristen Quackenbush (Unatt.) 13-4 1/2
2000-Tracy Carrington (Unatt.) 13-1 1/2
2001-Thorey Elisdottir (Ga.) (4.20) 13-9 1/4
2002-Hanna Palamaa (Eastern Mich.) (3.95) 12-11 1/2
2003-Kierney Hiteshaw (Ga.) (3.76) 12-4
2004-Ebbie Metzinger (Ind. Invaders) (3.95) 12-11 1/2
2005-Fanni Juhasz (Unatt.) (4.15) 13-7 1/4

1982-Kathy Rankins (Ga.) 20-9 3/4
1983-Evalene Hatcher (MS Int'l) 20-4 1/2
1984-Shonel Ferguson (Bahamas) 21-10 1/2
1985-Vogel Newsome (Fla. A&M) 20-3 3/4
1986-Sonja Fridy (Va.) 19-9
1987-DeDee Nathan (Ind.) 19-9 3/4

TRIPLE JUMP

1985-Vogel Newsome (Fla. A&M) 39-11 3/4
1986-Stephanie Gurysh (Penn State) 40-1 1/2
1987-Michele Johnson (Unattached) 40-8 1/4
1988-Diana Wills (Army) 43-0 1/4
1989-Diana Wills (Army) 42-3 1/4
1990-Diana Wills (Army) 43-9 1/4
1991-Robvne Johnson (Unattached) 42-2 3/4











Mike Egan/Democrat

FAMU relay team: Mary Jones, left, Vogel Newsome, Pam Oliver and Pam Porter

FAMU women relay a speedy message

By David Whitley
Democrat sports writer

Popeye, Duckhead, Red and Bag of Bones.

Sounds more like the comics section of a small newspaper than the lineup of the fastest women's collegiate mile-relay team in the nation.

But that's what it is.

The cartoon characters are better known as Pam Porter, Pam Oliver, Vogel Newsome and Mary Jones. They are better known than that as legs one, two, three and four of the Florida A&M women's mile-relay team.

They are undefeated, untied and unchallenged so far this outdoor-track season. The one thing they are not is unheard of, at least since the FAMU Relays March 10.

"We had gotten so much publicity. We wanted to live up to it," Oliver said. "It was getting dark and cold but everybody wanted to stick around to see us run."

Those who stuck around saw FAMU run a 3:33.9, the best women's time of the year.

Since that race, in track circles at least, Popeye, Duckhead, Red and Bag have worn glass slippers, albeit with spikes.

"We're a real Cinderella story," Oliver said. "We're a small black college and even being in the top three in the nation says something for our program."

It may just be their long, lean model-like looks, but people from other teams now make a point of watching the women in action.

"They want to see us run," Newsome said. "They're real excited."

Porter, Oliver, Newsome and Jones are a perfect example of the whole being greater than the sum of its parts. Individually, they are good. Together they dominate.

Porter, a senior from Orlando, is the leadoff runner. Known as "Popeye" for her big eyes, Porter's task is to get a lead.

"What I try to do is get out and be up with the leaders," she said. "And be in the lead at the end."

Oliver, known among other things as "Duckhead" for her leaning headfirst

running style, has to build that lead.

"I really take pride in it," said Oliver, a senior from Dallas. "I like to take the baton and go with it."

Next up is Newsome, alias "Red" for the color of her hair. Newsome, a junior from Utica, Miss., is in her first year at FAMU after transferring from Mississippi Valley State. A national-class long jumper when not running, she is charged with keeping the lead.

Jones, who happens to be the one nicknamed Bag of Bones even though any of the quartet could easily wear that one, is the anchor leg.

The work is usually done, however, before Jones gets to put the finishing touches on it.

"The only thing I try to do is keep the lead," said Jones, a junior from Bluffton, S.C. "But by the time me and Vogel get it there's usually nobody there."

Jones and Newsome may feel lonely, but their solitude gives rise to hopes of faster times when they finally get a push.

See RELAY, 5D







Springtime Invitational

Results of the Springtime Invitational track meet run Saturday at Florida State's Mike Long Track. (All race distances in meters; (*) denotes meet record, (**) denotes track record, (***) denotes NCAA qualifying time, \$ denotes FSU record.)

Men's Finals

400 relay — 1. LSU (Michael Taylor, Bernard Whyte, Anthony Thomas, Andre Brown) 40.36; 2. Florida State (Vince Washington, Billy Allen, Carlton Scott, Thomas Johnson) 40.50; 3. Miami 40.54.

Javelin — 1. Allen Pagararo (Air Force) 223-5; 2. Brook Onley (Georgia) 219-4; 3. Chuck Jaswack (Unattached) 219-4.

3,000 steeplechase — 1. Eric Smith (Georgia Tech) 8:53.87; 2. David Hall (LSU) 8:57.02; 3. Sean Dalley (Georgia) 9:13.41; 4. Chris Daniels (FSU) 9:20.55.

1,500 — 1. Alan Drosky (Atlanta T.C.) 3:43.58(**); 2. Brian Jaegger (Auburn) 3:43.67; 3. Clint Prouty (Georgia Tech) 3:44.31.

Long jump — 1. Billy Close (FSU) 24-7½; 2. Andre Hill (Florida A&M) 24-6½; 3. Terry Milton (Unattached) 24-4.

1,500 (Slow Heat) — 1. Jeff DeBar

Women's Finals

400 relay — 1. Florida State (Esmeralda Garcia, Michelle Finn, Andrea Thompson, Janet Levy) 44.47(**); 2. LSU 46.76.

1,500 — 1. Caria Borovicka (Kangaroo T.C.) 4:22.74; 2. Beth Adkins (Florida T.C.) 4:23.29; 3. Jeanie Messinese (FSU) 4:25.39.

100 hurdles — 1. Joann Brown (FSU) 13.98; 2. Cheryl Wilson (FSU) 14.02; 3. Carlette Smith (LSU) 14.32.

400 — 1. Pamela Hawkins (FSU) 55.44; 2. Alisa Murray (North Carolina) 56.48; 3. LaShawn Moore (Santa Fe C.C.) 1:04.88.

Shot put — 1. Theresa Williford (Unattached) 45-10; 2. June Reid (Auburn) 42-7¾; 3. Stacy Shaw (LSU) 41-6¾.

800 — 1. Nancy Rettie (FSU) 2:08.33; 2. Samantha Green (FSU) 2:09.72; 3. Beth Adkins (Florida T.C.) 2:11.17; 4. Jeanie Messinese (FSU) 2:11.74.

400 hurdles — 1. Almetha Roland (FAMU) 57.38(**); 2. Carlette Smith (LSU) 1:02.42; 3. Kee Kee Shegog (LSU) 1:03.1.

200 — 1. Pauleen Davis (Unattached) 23.68; 2. Janet Levy (FSU) 24.14; 3. Andrea Thompson (FSU) 24.36; 4. Pamela Hawkins (FSU) 24.71; 5. Danyel Wofford (FSU) 25.41.

3,000 — 1. Christine Boxer (United Kingdom) 8:59.81; 2. Sue King (New Balance T.C.) 9:27.50; 3. Claire Townsend (Alabama) 9:48.84; 7. Sue Pockell (FSU) 10:31.3.

Discus — 1. Theresa Williford (Unattached) 156-10; 2. Stacey Stew (LSU) 146-8; 3. Rena Antanelis (FSU) 141-11; 5. Julieta Stack (FSU) 112-2.

High jump — 1. Teresa Babin (LSU) 5-3; 2. Jenny Jackson (Auburn) 5-1.

Javelin — 1. Cheryl Coker (FSU) 167-0(**); 2. June Reid (Auburn) 140-10; 3. Rena Antanelis (FSU) 136-1; 4. Julieta Stack (FSU) 126-0.

1,600 relay — 1. Florida A&M (Becky Martin, Vogel Newsome, Almetha Roland, May Jones) 3:38.44(**); 2. Florida State 3:46.64.

Long jump — 1. Vogel Newsome (FAMU) 20-2½; 2. Cheryl Wilson (LSU) 19-1½; 3. Kee Kee Shegog (LSU) 18-10¾.

5,000 — 1. Danielle Trellis (Unattached) 17:05.83; 2. Lisa Reed (LSU) 17:13.9; 3. Bonny McLeland (North Florida J.C.) 17:52.3.

Triple jump — 1. Vogel Newsome (FAMU) 40-4; 2. Julie Lewis (LSU) 39-0.

10,000 — Janie Regis (FSU) 33:01.78; 2. Lisa Pakutka (Alabama) 35:48.8; Lori Johnson (Georgia) 36:50.40.



Florida High wins twice to advance in district softball

Democrat staff reports

MEDART — Florida High won two games on Monday to advance in the District 3-AA high-school softball tournament.

Lori Putnam went 2 for 2 as the Lady Demons beat Wakulla 13-12. Elaine Marzluff went 2 for 3, and Jennifer Eakin went 2 for 4. Dawn Bailey went 2 for 2 to lead Wakulla.

In the second game, Lisa Spurlin had two hits, including a home run, as Florida High beat Blountstown 11-8. Eakin and Blythe Weber both went 2 for 3 for the Lady Demons.

Florida High, 6-13, hosts Madison County today at 4:30 at Seminole Field. Admission is \$3.

Roland lowers hurdles mark at Springtime Relays

Florida A&M's Almetha Roland



LOCAL SPORTS

lowered her school-record time in the 400-meter intermediate hurdles, running to a 57.38 first-place time in the Springtime Relays last weekend at Florida State.

Roland's time surpassed her old mark of 57.65, set a week ago at the Martin Luther King Freedom Games in Atlanta. It is the fourth time she has lowered the school record this year.

FAMU senior Vogel Newsome won both the long jump and triple jump. Newsome is undefeated in the triple jump this season (five wins) and has won the long jump in

five of six meets.

The Rattlerettes 1600-meter relay team qualified for the NCAA nationals with its first-place time of 3:38.44. The relay team of Peggy Martin, Newsome, Roland and Mary Jones becomes the fifth FAMU entry to qualify for the nationals.

The Rattlerettes will run May 10 in the Gatorade Meet in Knoxville, Tenn. FAMU will then compete in two meets in mid-May before traveling to Austin, Texas for the NCAA nationals May 27-31.

FSU women sign fifth player to basketball grant

Florida State women's basketball coach Janice Dykehouse-Allen has announced the signing of 6-foot forward Veronica Booknight of Dreher High School in Columbia, S.C., to a national letter of intent.

The Street and Smith magazine

honorable-mention All-American averaged 23.5 points and 14 rebounds as a senior and was selected to the South Carolina all-state team. Booknight shot 53 percent from the field and averaged 4.6 blocked shots per game.

Booknight chose Florida State over Tennessee, Southern Illinois, Wisconsin and Winthrop College. She is the fifth signee for FSU.

City junior team tennis league signup on Saturday

Anyone interested in playing in the Tallahassee Junior Team Tennis League should go to Tom Brown Park on Saturday at 9 a.m.

The league is for male and female players ages 16-20. Level of play is unimportant, and there is no entry fee.

For more information, call Ryan Brunson at 222-3119 or Mark Anderson at 878-8363.

Pair of softball stars sign junior-college grants

Two Tallahassee softball players signed scholarships to Florida Junior College in Jacksonville this weekend.

Leon's Andrea Rosser and Lincoln's Kasey Moore tried out and were offered scholarships on the spot, according to Leon coach Becky Hines.

Rosser, a shortstop, leads Leon offensively, batting .507.

FSU ticket deadline today

Tallahassee Democrat Classified Service Guide

For advertising information
Call 599-2216

We've been around a long time... and we get around!
Classified Action Ads, 599-2219



S.C. State Relays

ORANGEBURG, S.C. — Florida A&M's men's and women's track teams competed in the 29th Annual South Carolina State Relays on Saturday. Here are their results.

Men

Triple jump — Robert Clark, 2nd, 49-6.
4 x 800 — (Reggie Davis, Kevin McCoy, Leander Pickett, Terry Jamison), 1st, 7:51.1.
110 hurdles — Reggie Davis, 1st, 13.8.
4 x 200 — 3rd, 1:31.4.
400 — Reggie Davis, 1st, 47.0.
Long jump — Kenneth Perry, 3rd, 22-8½.
4 x 400 — (Kevin McCoy, Terry Jamison, Reggie Davis, Kenneth Buie), 1st, 3:11.2.

Women

800 — Terria Grant, 3rd, 2:22.0.
Long jump — Vogel Newsome, 2nd, 19-0.
Discus — Brenda Smith, 3rd, 127-6.
4 x 800 — (Terria Grant, Mary Jones, Almetha Roland, Vogel Newsome), 1st, 9:31.6. (Meet record).
100 hurdles — Lydia Hall, 2nd, 14.5.
Triple jump — Vogel Newsome, 1st, 40-9.
400 hurdles — Almetha Roland, 1st, 60.0.; Lydia Hall, 3rd, 1:03.8.
Sprint medley — (Peggy Martin, Alfreida Parker, Mary Jones, Vogel Newsome), 2nd, 1:45.4.
400 — Mary Jones, 3rd, 55.9.
200 — Pearl Hospedales, 3rd, 26.1.
4 x 400 — (Peggy Martin, Alfreida Parker, Mary Jones, Vogel Newsome), 1st, 3:42.9.



THE OFFICIAL ATHLETICS SITE OF

SOUTH CAROLINA STATE BULLDOGS

SC STATE TRACK TEAMS DOMINATE RELAYS

3/15/2009 10:27:08 PM

Several Records Fall

A facility record was set in six events, four in the women's competition and two in the men's division, and one school record was established at the event.

The Lady Bulldog 4x100 meter shuttle hurdle relay team (Monique Gracia, Renee Williams, Tempest Vance and Brandi Jefferson) took first with a time of 52.69, establishing a facility and school record in the event.

SC State's Jasmine Smith had a personal best leap of 12.52m in the triple jump, erasing a 24-year old facility record set by Florida A&M's Vogel Newsome and earning an NCAA provisional qualifying, while Tamika Kinchen of Georgia State erased a 24-year old facility record in the 1500 meters with a time of 4:48.21 (previous record 4:48.80 by Alabama State's Serene Mitchell), and also set a new mark in the 5000 meters by covering the course in a time of 18:49.78.

The SC State 4x110 meter shuttle hurdle relay team (Donta Young, Leighton Brown, DeAngelo Bolden and Marvin Williams) set a new facility mark in the event with a time of 1:06.32.

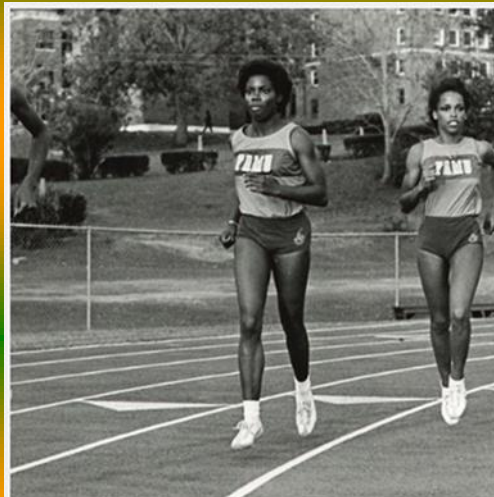
Young also won two other events, taking first in the 110 meter hurdles (14.85) and 400 meter hurdles (55.02).

The Lady Bulldogs' Shamire Rothmiller was named the Most Outstanding Female Athlete after winning the shot (13.15m), finishing second in the javelin (35.94) and placing fourth in the discus (33.60m) to earn a total of 23 points.

Georgia State's Kinchen was the Most Outstanding Female Track Athlete after her record-setting performances in the 1500 and 5000 which earned her 20 points.

Capturing the FAMU Mystique

Last month, Florida A&M University (FAMU) Department of Athletics introduced a groundbreaking multi-media event. "The Mystique" is a web-based miniseries of eight short videos that present a unique perspective to the history of the special athletes, coaches and administrators of FAMU's athletics department. FAMU Director of Athletics **Derek Horne** said, "I think the Mystique series will give us the opportunity to expose our rich tradition to the younger generation to see why we are so proud of FAMU athletics." Because it would be impossible to capture all of the history in eight short videos, the initial release of "The Mystique" is designed to provide a snapshot of some of the greatest athletes and moments in FAMU history. June's entries were: **The Frazier/Galimore Express (1956)**; **Andre "The Hawk" Dawson**; **1984 Women's Track All-Americans (pictured) - Pam Porter, Pam Oliver, Vogel Newsome, Mary (Jones) Wellens**; and tennis great **Althea Gibson**. The July schedule debuts: July 4 - **The Gulf Coast Offense (Billy Joe's offensive mastery)**; July 11 - **NCAA 3-pt. Champion Terrence Woods**; July 18 - **FAMU's historic 2004 volleyball team**; and July 25 - **"The Bullet" Bob Hayes**. Once shown, all of the videos are available for viewing exclusively at <http://www.famuathletics.com/>.



FAMU Track and Field History Fact : 📷 Did you know that in 1983 the Ratterettes were #6 in the Nation for their 4x4 Relay Time of 3:41.74 📷 and inducted into the Hall of Fame 🏆 (Starting from the left: Mary Jones, Vogel Newsome, Pam Oliver, and Pam Porter) #famuhistory #famutrackandfield #MaryJones #VogelNewsome #PamOliver #PamPorter #famutrackalumni #famualumni

ERROR in report – Was NOT a 400 Meter Hurdler

16 / Monday, April 1, 1985 Florida Flambeau

Garcia wows 'em at Alabama

FROM STAFF REPORTS

Florida State's Brazilian wonder introduced herself to the citizens of Alabama Saturday as she won two events at the Alabama Track and Field Invitational.

Esmeralda Garcia, back at FSU after sitting out of collegiate competition for a couple of years, continued to have an outstanding season over the weekend by capturing the 100 and 200-meter dashes in excellent time. Garcia took the 100-meter event in just 11.63 seconds and then proceeded to nab the 200 in a quick 24.33 seconds.

FSU's Jeanne Messinese and Janie Regis won the 1,500 and 5,000 meter runs, respectively.

The men's squad was also in action over the weekend and managed to win four events at the Florida Relays in Tampa.

The Seminoles took the 4X800 relay event in a school record time of 7:24:27 for first place. The 'Noles also got to the finish line first in the 4X100 high-hurdle shuttle relay with a time of 57.4 seconds, while also capturing the pole vault event as FSU's Tom Reither soared 16 feet into the air to get the first place crown.

• • •

Cross-town Florida A&M was well represented at the Tampa meet as the Rattlers' Reggie Davis earned the title of being the meet's most outstanding athlete by breaking meet records in both the 110-meter high and 400-meter intermediate hurdle events. Rattlerette Vogel Newsome, the nation's top women 400-meter intermediate hurdler, finished just third in that event after taking the long jump (21-0) and triple jump (39-9).



Even with her FAMU Relays obligations, "BEHIND THE SCENES"
 Vogel Denise Newsome was "WRITING" and "DOCUMENTING" History!

No. _____

IN THE
 SUPREME COURT OF THE UNITED STATES

VOGEL DENISE NEWSOME
 PETITIONER

V.

STOR-ALL ALFRED, LLC;
 JUDGE JOHN ANDREWS WEST/
 HAMILTON COUNTY (OHIO) COURT OF COMMON PLEAS; AND
 DOES 1 THROUGH 250
 RESPONDENT(S)

*IN RE VOGEL DENISE NEWSOME
 ON PETITION FOR EXTRAORDINARY WRIT
 TO THE SUPREME COURT OF OHIO*

VOGEL DENISE NEWSOME
 (a/k/a Denise V. Newsome)
 Post Office Box 14731
 Cincinnati, Ohio 45250
 Phone: (513) 680-2922 or
 (601) 885-9536
 Petitioner

DAVID MERANUS, ESQ.
 Schwartz Manes Ruby & Slovin, LPA
 2900 Carew Tower
 441 Vine Street
 Cincinnati, Ohio 45202
 Phone: (513) 579-1414
 Facsimile: (513) 579-1418

XII. CERTIFICATE OF SERVICE

The undersigned hereby certifies that a true and correct copy of the forgoing pleading was MAILED via U.S. Mail first-class to:

Honorable John Andrew West – Judge (and) Patricia M. Clancy – Clerk of Court
 Hamilton County Court of Common Pleas
 1000 Main Street
 Cincinnati, Ohio 45202

David Meranus, Esq.
 Schwartz Manes Ruby & Slovin, LPA
 2900 Carew Tower
 441 Vine Street
 Cincinnati, Ohio 45202

Michael E. Lively, Esq.
 Markesbery & Richardson Co., LPA
 Post Office Box 6491
 Cincinnati, Ohio 45206



Solicitor General of the United States¹²
 United States Department of Justice
 950 Pennsylvania Avenue, N.W. – Room 5614
 Washington, D.C. 20530

Barack H. Obama – U.S. President¹³
 Executive Office of the President
 1600 Pennsylvania Avenue, NW
 Washington, DC 20500-0005

Dated this 12th day of March, 2011.
 Vogel Denise Newsome

¹² USPS Delivery Confirmation No. 03091140000192641953
¹³ USPS Delivery Confirmation No. 23061570000084758864

031211 MAILING – USPS RECEIPTS (ObamaSolicitorGeneral&USSupremeCourt)

<https://www.slideshare.net/VogelDenise/031211-petition-forextraordinarywrit-exhibits-final>

<https://www.slideshare.net/VogelDenise/031211-usps-mailingreceipts>



FAMU track stars took a different road to the top

By David Whitley
Democrat staff writer

For Almetha Roland and Vogel Newsome, the route to the top has been anything but a straight line.

The two Florida A&M women established themselves this spring among the South's track elite, but their careers have been as curious as they've been successful.

Roland, a hurdler, and Newsome, a jumper, have won 17 of the 21 events they entered.

We're not talking podunk affairs either. Their conquests have been at some of the biggest meets in the South, including the Dogwood and Lady Gator Relays.

Both Roland and Newsome fell into their events on little more than a whim. Each began her collegiate career somewhere besides FAMU. Neither probably thought she'd be as good as she turned out to be.

When Roland first went out for track in elementary school, she was told to get lost. Years later in high school, she tried again.

"I loved to watch the hurdles and one day I asked the coach if I could try," said Roland, a native of Miami. "I pretty much learned the first day."

The ability to learn fast has bubbled through often enough to earn her the nickname Snoopy. "I can do almost anything. I learn quick and I make people laugh," said Roland.

Roland gets especially big laughs with her imitation of FAMU track coach Bobby Lang.

"I've got him down pat," she said, breaking into her Lang rendition. "He laughs about it."

Lang has been smiling ever since Roland showed up at FAMU. She originally signed with Florida State, endured what she termed "personal problems" and transferred to Santa Fe Community College. After a year there, she returned to Tallahassee last year to train for the Olympics. She then chose to spend her remaining year of eligibility at FAMU.

Her only loss of the year came in her breakthrough race at the Martin Luther King Freedom Games. "I had a lot of competition," she said of the 400-meter hurdles race. "I just got scared and started running real fast and taking fewer steps."

The fewer the steps between hurdles, the faster the race. Roland's time dropped from 59.94 to 57.38. To prove it

See FAMU, 3D



Roland



Newsome

Vogel Denise Newsome



17 USC § 107 Limitations on Exclusive Rights - FAIR USE

FAMU

From 1D

wasn't a fluke, she ran 57.38 the following week in running away with the Springtime Relays.

"I knew I could do it," said Roland, who has also qualified for the NCAA championship in the 100-meter hurdles. "I was surprised I could do it alone."

Doing it alone has worked OK for Newsome. Before this season, she was tagged as a long jumper whose production hadn't quite lived up to her promise. Then she stumbled onto a new event.

The triple jump has been a women's event for only two years. FAMU had never had anyone try it, and probably still wouldn't if Newsome hadn't gotten curious.

"They didn't approach me. I approached them," said Newsome. "I said, 'Just let me try it.'"

She jumped 38 feet and has since improved to 40 feet, 9 inches

"They didn't approach me (about the triple jump). I approached them. I said, 'Just let me try it.'"
— FAMU's Vogel Newsome

while winning every meet she's entered. She also won five of the six long jumps she's entered, all of which gives her a feeling of redemption.

Newsome transferred to FAMU two years ago after a dispute with the coaching staff at Mississippi Valley State, where she'd long-jumped 20-6 as a freshman. Ledell Ellis was FAMU's coach at the time and, like Newsome, was from of Utica, Miss. He talked her into coming to Tallahassee, where a lot was expected of her. At first, she didn't quite deliver.

"I was a little bit overweight," she said. "I also felt a little bit of pressure, considering I came in

here and was nationally ranked."

She's dropped 10 pounds and added more than 6 inches to her long jump this year. Newsome has always been a free spirit, though, and she hasn't quite been able to shed her penchant for acting on impulse.

Dissatisfied with the way things were going, she quit the team three weeks ago. As quickly as she left, she was back.


"I got to thinking that I could still go to nationals, and then I missed a meet in Atlanta," she said. "I couldn't even sleep."







The NCAA meet is in three weeks, and both Newsome and Roland have good shots at placing, distant shots at winning. They also will run in the 1,600-meter relay.

That meet will finish their collegiate careers. Both say they'll continue competing, though they're not sure where the road will eventually take them.

"I'm just not going back to Utica," said Newsome. "There's nothing there."

APRIL 2011

SUN	MON	TUES	WED	THURS	FRI	SAT
					1	2
3	4	5 FAMU Letter https://www.slideshare.net/VogelDenise/031217famu-letter-dated-040511	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22 Vogel Denise Newsome's Mailing of Response To March 17, 2011 Supreme Court of the United States' Letter: http://www.slideshare.net/VogelDenise/042211-s-ct-filing-exhibits-proof-of-mailing  <small>Kentucky Senator Rand Paul Son of Ron Paul – 2012 Presidential Candidate/ U.S. Texas Congressman</small> Kentucky Senator Rand Paul's Office calls regarding 01/30/11 request for INVESTIGATION OF UNITED STATES PRESIDENT BARACK OBAMA http://youtu.be/rRwXJ8RQKg January 30, 2011 Email: https://www.slideshare.net/VogelDenise/013011-email-senator-randpaul President Barack Obama request Certificate of Live Birth: https://www.slideshare.net/VogelDenise/obama-042211-letter-fromjudithcorley The Public/World is supposed to believe that President Barack Obama does NOT have a copy of his Birth Certificate in his records that he could have SIMPLY provided a PHOTOCOPY of. How did he get the PASSPORT(s) he obtained over the years to travel overseas PRIOR to 2008 Presidential Campaign? All he had to do was provide a PHOTOCOPY of the one in his PERSONAL files (i.e. kept at home) but he didn't.	23

<p>24</p>	<p>25</p> <p>Mississippi Governor Haley Barbour announces he will NOT run for U.S. President in 2012 – Barbour was the TOP Republican Hopeful for President of the United States of America https://www.slideshare.net/VogelDenise/b-arbour-haley-no-presidentialrunin2012 https://www.slideshare.net/VogelDenise/b-arbour-haley-will-notrunin2012</p>  <p>C. Lee Lott III Deputy Special Counsel to Mississippi Governor Haley Barbour – SHAREHOLDER of Baker Donelson</p> <p>Barbour's Legal Counsel is Baker Donelson Bearman Caldwell & Berkowitz https://www.slideshare.net/VogelDenise/b-d-c-leelottiigovbarbour</p> <p>Governor Haley Barbour's Chairman of the Mississippi Athletic Commission (Jon Lewis) was involved in the 02/14/06 KIDNAPPING and other crimes leveled against Vogel Denise Newsome:</p>  <p>Constable Jon Lewis Mississippi Governor Haley Barbour</p> <p>https://www.slideshare.net/VogelDenise/081106-complaint-hinds-countyboardofsupervisors https://www.slideshare.net/VogelDenise/062606-fbi-complaint-mississippi-matter</p> <p>Allege Breakout of Taliban Prisoners in Afghanistan https://www.slideshare.net/VogelDenise/taliban-stages-mass-jail-break</p> <p>State of Hawaii – Department of Health's RESPONSE to President Barack Obama's request for Certificate of Live Birth</p> <p>At Page 3: https://www.slideshare.net/VogelDenise/obama-042211-letter-fromjudithcorley</p>	<p>26</p>	<p>27</p> <p>President Barack Obama releases FAKE/FORGED Certificate of Live Birth https://www.slideshare.net/VogelDenise/042711-certificate-oflivebirthdiscrepancies</p> <p>Alleged Nordyke Twins Certificate of Live Birth – born at the SAME hospital about the SAME time of Obama's alleged birth there: https://www.slideshare.net/VogelDenise/nordyke-twins-colb</p>  <p>Robert C. Devine</p> <p>Baker Donelson provides Legal Counsel to the United States CITIZENSHIP and IMMIGRATION Services within the U.S. Department of Homeland Security https://www.slideshare.net/VogelDenise/devine-robertbio-infocolb https://www.slideshare.net/VogelDenise/devine-robert-chowobamagotcolb</p>	<p>28</p> <p>Nazi / Zionist controlled Mainstream Media set up press conference for Donald Trump to come out and take credit for work being done by Vogel Denise Newsome</p>  <p>https://www.slideshare.net/VogelDenise/092716-donald-trump-zionists-obama-birth-issue-coverup</p>	<p>29</p>	<p>30</p> <p>Evening of the alleged KILLING/MURDER of Osama Bin Laden on May 1, 2011</p>  <p>One of Baker Donelson's attorneys (Raymond Mabus) serves as the Secretary of the Navy (i.e. also the FORMER Governor of the State of Mississippi):</p>  <p>Raymond Edwin Mabus, Jr. United States Secretary of Navy</p> <p>https://www.slideshare.net/VogelDenise/mabus-raymondemploy-ties https://www.slideshare.net/VogelDenise/mabus-raymondwiki-info</p> <p>Baker Donelson's information regarding Mabus. https://www.slideshare.net/VogelDenise/baker-donelson-wikipedia-info</p> <p>Mississippi RANKING as #1 as the MOST Corrupt State in the United States of America: https://www.slideshare.net/VogelDenise/most-corrupt-states</p>
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POWER MOVES that resulted in Barack Obama's RELEASE of a FORGED / FAKE Certificate of Live Birth AND the

United States "KILLING" / "ENDING" the Osama Bin Laden LIES!



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DEPARTMENT OF INTERCOLLEGIATE ATHLETICS

April 5, 2011

Ms. Vogel Newsome
P. O. Box 14731
Cincinnati, OH 45250

Dear Vogel Newsome:

I would like to personally thank you for taking the time to visit with us during the FAMU Relays. You have no idea the impact that you made on alumni, the community and especially our current women's track team.

Coach Moore is beaming with pride after meeting you and having you speak to her team and it has permeated all the way to their performances. Since the FAMU Relays, the ladies have stepped up their performances to levels they had never done before.

<https://www.slideshare.net/VogelDenise/031217famu-letter-dated-040511>

FLORIDA A&M UNIVERSITY OFFICE OF SPORTS INFORMATION

Vaughn Wilson, Interim Sports Information Director • Room 204D • 1835 Wahnish Way • Gaither Athletic Center •
Office Phone: (850) 561-2701 • Fax: (850) 599-3206 • E-Mail: vaughn.wilson@fam.u.edu

Itinerary for FAMU Relays Grand Marshalls

Mary Jones Wellens, Vogel Newsome, Pam Oliver, Pam Porter

Friday (March 11):

Arrival as available – Transportation available

7:00 p.m. Welcome Reception Fairfield Inn Marriott
3211 North Monroe Street
Tallahassee, FL 32303
(850) 562-8766

Saturday (March 12)

7:00 a.m. Breakfast Hotel – Fairfield Inn
8:00 a.m. Depart for FAMU Ride provided
9:00 a.m. Interview at the FAMU School of Journalism
10:00 a.m. Arrival at FAMU Relays
12:15 p.m. Opening Ceremonies/Presentation to Marshalls
6:00 p.m. (or at the conclusion of the event) Dinner at FAMU Student Center

Transportation to and from the airport is available by providing your itinerary to the athletic department by emailing requests to Vaughn.wilson@fam.u.edu

Sunday (March 13)

Departure as available.

The local newspaper, radio and television stations will be confirming their interview times by Wednesday, but we will make sure they fit into your schedule. In respect to your time, we will be aligning most of your activities on the Saturday to allow flexibility in your travel.



RE: THANKS FROM MY WHOLE HEART!!

Wilson, Vaughn R. <vaughn.wilson@famu.edu>

Sun 3/13/2011 7:38 PM

To: V Newsome

Vogel,

So nice to see you ladies. Your presence brought incredible life to the whole event. EVERYONE, I MEAN EVERYONE was so happy to see you. You have also inspired our ladies track team more than you would imagine. That's what it's all about.

Thanks so much for coming back, and look to hear from our athletic director real soon.

By the way, we'll take care of those requests, no problem.

Vaughn Wilson
Interim Sports Information Director
Florida A&M University
(850)599-3849

-----Original Message-----

From: V Newsome |

Sent: Sun 3/13/2011 9:19 AM

To: Wilson, Vaughn R.

Subject: THANKS FROM MY WHOLE HEART!!

Vaughn:

Thank You, Thank You, THANK YOU for a well-planned event and the Love and Enthusiasm put into pulling off the FAMU Relays. I can believe there are great things ahead for the Teams and Relays. Words cannot express the deep GRATITUDE/GRATEFULNESS that I feel inside.

I will do my very best to get the Resume done and back to you for Coach Lang on this week - don't be SURPRISED/SHOCKED in seeing what this Rattler has been up to in her TRENCH Fighting. This trip this weekend has motivated me even more to continue my "Civil Rights Activist" duties in bringing about the CHANGE and IMPROVEMENT in many areas of our lives.

I know I am pushing it with this request - in that you all have done so much. But what I wanted from the trip was:

- 1) Of COURSE the FAMU Warm-ups - again my size is MEDIUM;
- 2) To find out whether or not I could still get a FAMU Jacket since I Lettered and did two years;
- 3) Get a LARGE FAMU umbrella - mine has faded; and
- 4) FAMU T-Shirts if any were left over (i.e. I liked what some of the Athletes were wearing and if you have any from the Relays)

Now these items if you have them can be sent to my Cincinnati, Ohio address:

Post Office Box 14731
Cincinnati, Ohio 45250

However, please send my FAMU Relay Team Picture to my parent's house in Utica, MS:

Utica, Mississippi 39175

Vaughn, I have been so MOVED by everything and it has confirmed that my labor has not been in vain. Not only that, I have been ENCOURAGED from this trip to continue the fight that Malcolm X, Medgar Evers and Martin Luther King Jr. began. While I have seen some of the fruits, this trip has helped me see that there are many, many, many... more to come.

Again Thank You, Thank You, THANK YOU!!!! J
Vogel Newsome



2011 FLORIDA A&M UNIVERSITY RELAYS

Finding Your PURPOSE And WALKING Therein!



In March 2011, prior to the FAMU Relays, shared with the FAMU Women's Track Team that, "Every year before the FAMU Relays, Coach Bobby Lang told the Track Team that you **DON'T** allow a 'DOG' to come into your 'YARD' and beat you – i.e. **You give the 'DOG a BEATING!'**" Shared how Vogel Newsome took a trip to **CAPITOL HILL** in December 2008 to address **INJUSTICES** and suffering **RETALIATION**. The Lady **RATTLERS** laughed when Vogel Newsome shared her **MOTTO** given to President Barack Obama – "**If you don't HEAR our RATTLE, then FEEL the BITE!**" Letting them know that she is definitely in the **TRENCHES FIGHTING** the Giant so that they can have **BETTER OPPORTUNITIES** when they graduate!

November 12, 2008 FAX TO: United States President Elect Barack Obama

<https://www.slideshare.net/VogelDenise/111208-fax-to-barack-obama-11567768>

<https://uticainternationalembassy.website/writing-our-own-history>